**The Valley Foundation’s**  
**Valley Fellowship**  
**Summer 2015**  
**List of Projects**

*Please note: Additional information about each projects is available by contacting the Office of Community Health. More projects will be added to the list as they are made available from partners.*

<table>
<thead>
<tr>
<th>Organization</th>
<th>Project Name</th>
<th>Description</th>
<th>Hours</th>
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<tbody>
<tr>
<td>San Mateo County Medical Center</td>
<td>Preparation for Joint Commission Survey 2015</td>
<td>The focus of this fellow's work will be preparation for the Joint Commission survey this year. The fellow will update physician procedure privilege forms and prepare binders for Joint Commission surveyors. The fellow should have strong communication skills, including strong writing skills. Availability to work from home is possible for some of this project.</td>
<td>M-F 4 days a week, 6 hours a day.</td>
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<td>San Mateo County Medical Center</td>
<td>Implementation of hand hygiene program and assisting with Infection Control Program in preparation for Joint Commission survey</td>
<td>The fellow will work under the direction of the Infection Control Manager on two main projects: 1. SMMC's hand hygiene program which is based on the World Health Organization's 5 moments for hand hygiene, and updating an on line educational module on hand hygiene that is used by all clinical staff, and 2. Joint Commission survey preparation related to Infection Control, including updating employee health records related to measles, mumps, rubella, and varicella titers in preparation for an electronic employee health database. The fellow should have strong organizational skills, and interest in program development. Availability to work from home is possible for some of this project.</td>
<td>M-F 20 hours per week.</td>
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| Ravenswood Family Health Center     | Evaluation and maintenance of Intimate Partner Violence Program              | In 2012 through 2014, Valley Fellows created the foundation for an Intimate Partner Violence (IPV) screening process at Ravenswood Family Health center. The fellows developed and maintained an in-depth literature review, wrote the Ravenswood Family Health Center IPV Screening Policy and Procedure, piloted the screening protocol, and guided the final stages of clinic-wide project implementation. Building on the work of previous Fellows, 2015 Fellows will join staff and volunteers in IPV screening maintenance. **Spanish language proficiency required.** Fellows will have the opportunity to organize and lead:  
  - Outcome auditing of screening process  
  - Conduct audits for compliance of IVP screening protocol  
  - Provide staff IPV training  
  - Organize and launch annual IVP clinic awareness project. | M-F Up to 40 hours a week with some flexibility. |
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| Ravenswood Family Health Center      | Offering aquatic exercise: a collaboration between a community clinic and a community pool. | In collaboration with the nearby Belle Haven Pool, Ravenswood Family Health Center connects patients with its AquaFit program, to provide free, low impact aquatic workouts designed to rival the allure of a sedentary lifestyle in an urban environment. Patients are informed and encouraged to attend the semi-weekly AquaFit classes during clinic visits. Specific emphasis is placed on our high-risk patients, identified using a range of factors such as BMI, diabetes and heart disease status/risk, etc. Outcomes are tracked in terms of attendance and closed communication with the facility manager. We hypothesize that a community health center can successfully collaborate with an external facility to promote an active lifestyle for its patients. AquaFit has served as a testament to the possible successes in connecting patients with exercise options given the dedication and persistence of even one provider or administrative champion. Through this program, we hope to engender a year-round healthy lifestyle that is promoted and embraced by the entire community. With year 2 behind us, we are trying new approaches to increase program use in the 2015 spring/summer. **Spanish language proficiency required.** The VF fellow would be responsible for running the AquaFit collaboration, working with:  
- Clinical providers  
- Belle Haven program operators  
- Finance at RFHC  
- Patients  
- And developing and implementation of program with the goal of increasing participation.  
An abstract has been submitted to APHA, and if accepted the fellow would be invited to present the project. | M-F Up to 40 hours a week with some flexibility. |
| Patient Centered Outcomes Research Institute | A Patient-Centered Strategy for Improving Diabetes Prevention in Urban American Indians | This program consists of a 16 week intensive Diabetes Prevention Program and curriculum for self-identified American Indian/Alaska Native and Indigenous Mexican participants at risk for diabetes. This project is a 2 year Comparative Effectiveness Trial funded by the Patient Centered Outcomes Research Institute (PCORI) comparing a mainstream Diabetes Prevention Program to an enhanced version. The enhancements may include incorporating of or more of the enhancements below: | Hours TBD |
## Organization

**American Heart Association**  
**Greater Bay Area**

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| Community and Government Relations for the Greater Bay Area | The Bay Area Advocacy fellow will report to, and work directly with, the Government relations Director. Fellows will have the opportunity to learn and practice advocacy skills by working on one or many of our identified policy priorities. Interns will assist, if not play the leading role, in the following areas:  
  - Landscape analysis of existing local and statewide Physical Education policies at the federal level  
  - Analyze local Bay Area data: re: student physical activity, community health outcomes, and school district needs  
  - Landscape analysis of existing local and statewide CPR policies, at the federal level.  
  - Develop media outreach tools and engaging in media outreach.  
  - Monitor relevant state legislative and regulatory issues in California.  
  - Produce and maintain summaries and reports on legislative and regulatory issues.  
  - Research federal and state issues and prepare background d papers, drafting fact sheets and educational materials.  
  - Attend legislative and regulatory meetings, hearings, issue briefs, and prepare written or verbal summaries. | TBD |